



THE 2012 VANCOUVER SUN HARRY JEROME INDOOR TRACK CLASSIC

Saturday, February 4, 2012

Youth (born 1995 or 1996 or younger) & Open Divisions ~ Men & Women

Sanctioned by BC Athletics

This is the second year that this event offers the opportunity to compete on the indoor track and field complex at the Richmond Olympic Oval. The facility accommodates a level, 5-lane 200 meter oval running track plus room for shot put and high jump events

Co-sponsors: The Richmond Kajaks Track & Field Club and
The Achilles International Track & Field Society

Location: Richmond Olympic Oval ~ 6111 River Road, Richmond, BC
www.richmondoval.ca

Events:	60 m Hurdles	800 m	4 x 400 m Relay
	60 m	1500 m	High Jump
	400 m	3000 m	Shot Put

Schedule of Events: Youth (Under 18) and Open Divisions ~ Men & Women

11:20 am	Opening Ceremonies	
11:30	60 m Hurdles	Heats
	High Jump	Finals (YW/OW; YM/OM)
12:00 noon	60 m	Heats
	Shot Put	Finals (YM; OM; YW; OW)
12:40	800 m	Sectioned Finals
1:20	400 m	Sectioned Finals
2:00	60 m Hurdles	Finals
2:20	60 m	Finals
2:40	1500 m	Sectioned Finals
3:00	3000 m	Sectioned Finals
4:20	4 x 400 m Relay	Sectioned Finals

Order of Divisions in each track event: Youth Women; Open Women; Youth Men; Open Men

Entries:

- **All applications for entry in the Open and Youth categories should be addressed to Shirley Young and sent via email to chedro@telus.net**
- Fields will be restricted to no more than 2 flights (track) and 10 competitors (field) per division. Where additional entries cannot be accommodated, date and time of receipt of entry will be considered. Coaches or athletes should check www.harryjerome.com for final start list after 2:00 pm on January 30 to determine which entries have been accepted and which entries could not be placed.

Entry Fees:

- \$25.00 per person per event and \$40.00 per relay team. Payment at time of pick up of competition bib and **by cash or cheque only.**

Entry Deadline:

- **Entries must be received by midnight, Friday, January 27.**

Inquiries re Entries:

- Direct your questions to: dclement007@gmail.com

BC Athletics Membership Requirements:

- All participants in all age groups in *The 2012 Vancouver Sun Harry Jerome Indoor Track Classic* must be 2012 Competitive Athlete Members of BC Athletics or another Provincial/Territorial or foreign Athletics Assoc; or
- Elementary through Secondary School athletes competing for their school and who are not BC Athletics Competitive Athlete members can take out a \$3.00 School Day of Event Membership per athlete which is in addition to the entry fee or:
- Elementary thru High Schools that have a **2011/2012 BC Athletics School Club or School District Club Membership** who are not required to pay the School Day of Event Membership.

Information on BC Athletics membership types can be found at:

- Competitive Athlete Memberships - <http://www.bcathletics.org/main/membership.htm#athlete>
- School Membership Types (Elementary thru High School) - <http://www.bcathletics.org/main/schools.htm>
- Contact Sam Collier at BC Athletics – Email: sam.collier@bcathletics.org Ph: 604-333-3556

Check your Membership: The following BC Athletics membership lists are updated each Friday:

- 2012 BC Athletics Competitive Athlete members: <http://www.bcathletics.org/memberlist.pdf>

Individuals can also check their membership status at:

- https://www.acdirect.ca/regsearch/get_registration_id.asp?unit=ATHBC&language=EN&season=2011

2011/2012 BC Athletics School and School District Club members:

- <http://www.bcathletics.org/schoolmembers.pdf>

Start List and Final Schedule:

- Posted on www.harryjerome.com 2:00 pm Monday, January 30

Athlete Registration & Spectators:

- Athlete and spectator access to the Track Zone is available after 10:00 am.
- Registered athletes may pick up their numbers at the **Athlete Check-in** table at the main entrance to the Oval.
- General Admission tickets: \$5.00. Children under 13 accompanied by an adult are free.

Seeding and Finals:

- Athletes will be placed into sections or heats based on their submitted best 2010 outdoor performances.
- All track events with the exception of the 60 meters and 60m Hurdles are sectioned timed finals.

Check-in Times:

- Check-in for all events will be located at the north end of the stands and must occur **no later than 30 minutes before the posted start times**. The athlete control clerk will direct competitors to the start of their event when it is time.

Important Notes:

- All athletes, especially relay team members, are encouraged to wear club jerseys during their competition.
- **If spikes are worn, only the following spike will be allowed for use on the new Pulastic flooring. Omni-Lite 5mm Ceramic Indoor Pyramid spike (colour: Olympic Green) and Omni-Lite 7mm Ceramic Indoor Pyramid spike (colour: Olympic Gold). The use of any other type or longer length of spike is prohibited and will be strictly enforced. The approved spikes have been ordered in quantity by the Oval and will be available for purchase at the entrance kiosk for \$6.00 for a bag of 14. Cash payment preferred. For any further information regarding spike regulations or availability before date of meet, you may contact Heidi Lyons at the Richmond Oval at hlyons@richmondoval.ca or phone (778) 296-1400.**
- The Track Zone starting blocks will be the only ones utilized.
- Throwing implements (Shot Put) are provided. **YW 3 kg; OW 4kg; YM 5kg; OM 7.26 kg**

Awards:

- Medals to top 3 finishers
- Medals will be available for pickup shortly after the end of the competition.

Parking:

- Covered pay parking (\$1.00 per hour) is available at the facility. With large groups at special events (like ours) parking becomes quite limited and overflow free parking has been arranged for at the WorkSafe BC (WCB) complex just one block south with entrance on Elmbridge Way just west of intersection with Hollybridge Way.

TO REGISTER, COPY AND PASTE THIS FORM ONTO AN EMAIL MESSAGE, THEN COMPLETE AND SEND TO SHIRLEY YOUNG AT chedro@telus.net

THE VANCOUVER SUN HARRY JEROME INDOOR TRACK CLASSIC

INDIVIDUAL

Name: (first) _____ (last) _____

Email: _____ Date of Birth (da/mo/year): _____

Current BC Athletics Number: _____

Name of Club (or indicate 'Unattached'): _____

Name of Coach: _____ Coach Email: _____

Please use an 'X' to select appropriate choices below. All event entry requests must include all requested information on best 2011 OUTDOOR PERFORMANCE to be considered. (For the 60m and 60m Hurdles events, use best 100m Hurdles and 110m Hurdles 2011 outdoor marks)

I am applying to enter the following event(s):

Age Group Division: _____ (Youth) _____ (Open) Gender: _____ (male) _____ (female)

<u>Event</u>	<u>Best 2011 Outdoor Performance / date / location and name of meet</u>
____ 60 m Hurdles	(100mH/110mH) _____
____ 60 m	(100m) _____
____ 400 m	_____
____ 800 m	_____
____ 1500 m	_____
____ 3000 m	_____
____ High Jump	_____
____ Shot Put	_____

Entry fee is \$25.00 per event and payable on day of meet upon check-in. Cash or cheque only accepted. Sorry, no credit or debit cards. Please make cheques payable to **Achilles International Track & Field Society**

Athletes who do not have a Individual 2012 BC Athletics competitive membership or who belong to a School or School District that does not have a 2012 School Membership are required to take out a **\$3 School Day of Event Membership** at check-in in order to participate in the meet. Such athletes may not compete in their school colours and must be registered as 'unattached'.

Entry deadline is midnight, Friday, January 27
Copy and complete and email to Shirley Young at: chedro@telus.net

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TEAM (4 X 400 M RELAY)

Name of Club (or indicate 'Unattached'): _____

Name of Coach: _____

Coach Email: _____

Please use an 'X' to select appropriate choices below.

I am applying to enter the following event(s):

Age Group Division: _____ (Youth) _____ (Open) Gender: _____ (male) _____ (female)

Event _____ 4 X 400 M RELAY

Team members names and dates of birth: (da/mo/year) (xx/xx/xxxx) **Current BC Athletics Number**

_____	_____
_____	_____
_____	_____
_____	_____

Entry fee is \$40.00 per event and payable on day of meet upon check-in. Cash or cheque only accepted. Sorry, no credit or debit cards. Please make cheques payable to ***Achilles International Track & Field Society***

If teams have athletes who do not have a Individual 2012 BC Athletics competitive membership or who belong to a School or School District that does not have a 2012 School Membership are required to take out a **\$3 School Day of Event Membership** at check-in in order to participate in the meet. Such athletes may not compete in their school colors and such teams, even if mixed with club athletes, must be registered and compete as 'unattached'.

Entry deadline is midnight, Friday, January 27

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